

Plán tréningov 1.5.-7.5.2023

| Day | A team | SD "A" Đuriš U19,18 r.04,05 | MD "A" Bútora U17 2006 | MD "B" Nemček U16 2007 | SŽ "A" Spurný U 15 2008 | SŽ "A" Ranuša U 14 2009 | MŽ "A" Vozár U 13 2010 | MŽ "B" Golej U 12 2011 | 5.roč Bičan U 11 2012 | 4.roč Ranuša U10 2013 | 3.roč Kamenčík U9 2014 | 2.roč Štiffel U8 2015 | 1.roč Kamenčík U7,U6 2016-2017 | WU15 Patka 2008 | Goalies Perniš Poliak |
|----------------------|----------------------------|--------------------------------------|---------------------------------|---------------------------------|----------------------------------|----------------------------------|---------------------------------|---------------------------------|--------------------------------|-------------------------------------|---------------------------------|----------------------------------|---|-----------------------|--------------------------------------|
| P O N | 10.00 1 | V | V | V | 16.00 10+2 | 13.00 5+2 | 18.00 2 | 18.00 2 | Dca- NMnV/PB 9.00 3 | Dca- NMnV/PB 9.00 2 | Dca- NMnV/PB 9.00 2 | 17.30 1 | V | V | 15.30 U15/U14 16.30 U13/U12 |
| U T O | 10.00 3 | 15.00 3 | 15.00 2 | 15.00 2 | 16.00 5+2 | V | 18.00 2 | 18.00 2 | V | 16.30 2 | V | 16.30 1 | V | 15.00 5 | V |
| S T R | 10.00 3 | 15.00 3 | 15.00 3 (2) | 15.00 3 (2) | V | 14.30 5+2 | 18.00 2 | V | 16.30 2 | V | 16.00 ZŠ CI (UT) | V | V | V | V |
| Š T V | 10.00 1 (3) | 15.00 3 | 15.00 2 | 15.00 2 | 16.00 10+2 | 15.00 2 | V | 18.00 2 | V | 16.30 2 | 16.30 5 | Nova Dubnica- Dca 16.30 | V | 15.00 5 | 16.00 U11/U10/ U9 |
| P I A | 10.00 1 (3) | 15.00 3 | 15.00 3 | 15.00 3 | 16.00 5+2 | 15.00 2 | 18.00 2 | 16.30 2 | 16.30 3 | V | V | V | 17.00 1 | 15.00 5 | V |
| S O B | Dca- Šamorín 17.00 1 | Domino BA-Dca 10.00 | Domino BA-Dca 12.30 | Cífer-Dca 13.00 | Skalica- Dca 10.00 | Skalica- Dca 12.00 | Dca-Inter BA 10.00 3 | Dca-Inter BA 11.30 3 | Turnaj Otrokovice 9.00 | Jasenica- Dca 10.00/11.0 0 | Turnaj Otrokovice 9.00 | V | V | V | V |
| N E D | V | V | V | V | V | V | V | V | Turnaj Parndorf 14.00 | Turnaj Parndorf 9.00 | V | V | V | Dca-Bytča 10.00 3 | V |

1 - hlavné ihrsko
2 - artificial grass
3- natural grass
4 - garage pitch
5-small artificial grass

6 - park
7- indoor pitch
8 -athletic stadium
9 - gym
10 - warm-up room